

Patient ID: JaneD

# Jane Doe

Female

Age: 36

Height: 167 cm / 5' 5"

Weight: 65 kg / 143 lbs

Device ID: 80056

Start Time: Sep 29, 2025 15:53

Monitoring Duration: 24 hours

Measurement Interval: 15 minutes

Baseline Pulse: 83 bpm

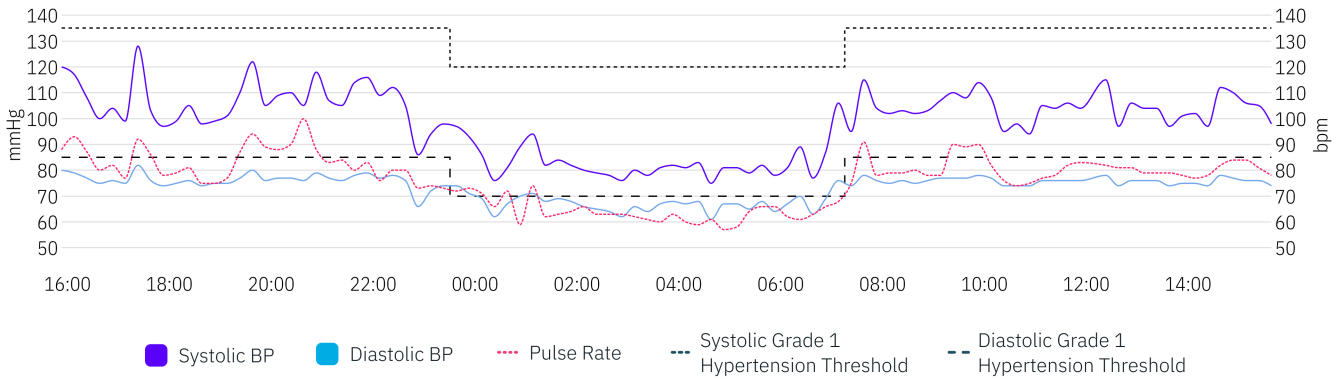
End Time: Sep 30, 2025 15:53

Sleep Times: 23:30-07:15

No. of Measurements: 95

Baseline Blood Pressure: 113/78 mmHg

## 24-Hour Overview



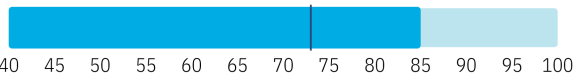
### Systolic Blood Pressure 24h Average

**98 mmHg** Within normal range



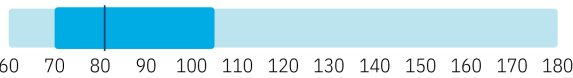
### Diastolic Blood Pressure 24h Average

**73 mmHg** Within normal range



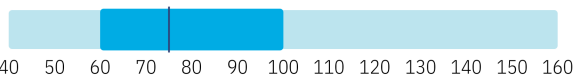
### Mean Arterial Pressure 24h Average

**81 mmHg** Within normal range

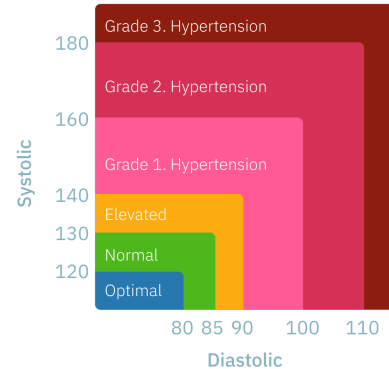


### Pulse Rate 24h Average

**75 bpm** Within normal range



### European Society of Hypertension thresholds guidelines



## Nighttime vs. Daytime

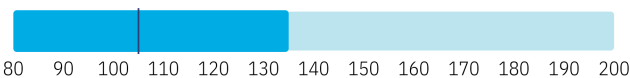


Daytime

15:53 - 23:30 & 07:15 - 15:53

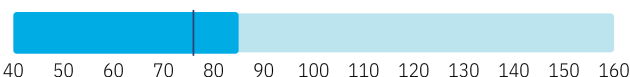
### Systolic Blood Pressure

**105 mmHg** Within normal range



### Diastolic Blood Pressure

**76 mmHg** Within normal range



Nighttime

23:30 - 07:15

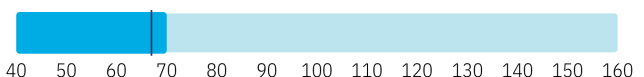
### Systolic Blood Pressure

**83 mmHg** Within normal range







### Diastolic Blood Pressure

**67 mmHg** Within normal range



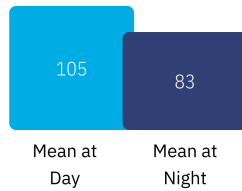
### Blood Pressure by Time Frame

	 <b>Morning</b> 06:00 - 11:59	 <b>Noon</b> 12:00 - 17:59	 <b>Evening</b> 18:00 - 23:59	 <b>Night</b> 00:00 - 05:59
<b>Systolic</b>	Mean: <b>100</b> Maximum: <b>115</b> Minimum: <b>77</b>	Mean: <b>105</b> Maximum: <b>128</b> Minimum: <b>97</b>	Mean: <b>104</b> Maximum: <b>122</b> Minimum: <b>86</b>	Mean: <b>81</b> Maximum: <b>94</b> Minimum: <b>75</b>
<b>Diastolic</b>	Mean: <b>74</b> Maximum: <b>78</b> Minimum: <b>63</b>	Mean: <b>76</b> Maximum: <b>82</b> Minimum: <b>74</b>	Mean: <b>75</b> Maximum: <b>80</b> Minimum: <b>66</b>	Mean: <b>66</b> Maximum: <b>71</b> Minimum: <b>61</b>

### Nocturnal Dipping

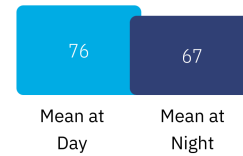
Systolic Dipping

**Dipper**  
↓ **20%**



Diastolic Dipping

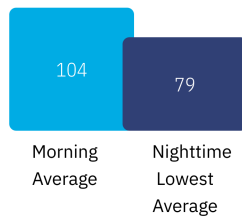
**Dipper**  
↓ **11%**



### Morning Surge

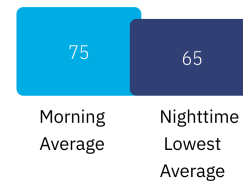
Systolic Surge

↑ **25 mmHg**



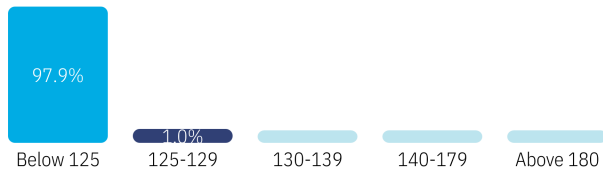
Diastolic Surge

↑ **10 mmHg**

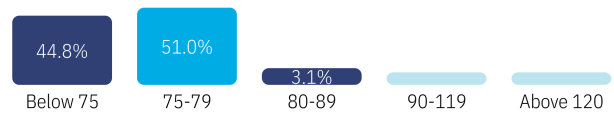


### Percentage Histograms

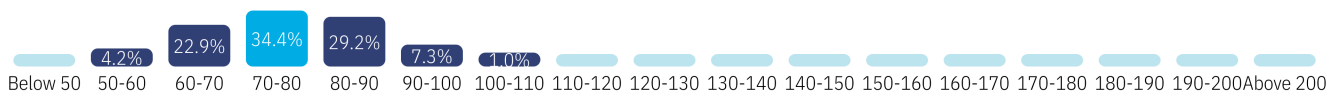
Systolic Blood Pressure



Diastolic Blood Pressure



Pulse Rate



<b>White Coat Period (1st hour)</b>	<b>Systolic</b> Mean: <b>111</b> Maximum: <b>120</b> Minimum: <b>100</b>	<b>Diastolic</b> Mean: <b>77</b> Maximum: <b>80</b> Minimum: <b>75</b>	<b>Pulse Rate</b> Mean: <b>87</b> Maximum: <b>93</b> Minimum: <b>80</b>
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## Event Diary

Time	Event Type	Closest Measurement
Sep 29, 15:53	<b>Report start time</b>	
Sep 29, 15:54	<b>Mood</b> Excited	<b>BP:</b> 120/80 mmHg <b>Pulse Rate:</b> 88 bpm
Sep 29, 19:10	<b>Physical Activity</b> 15-30 min Cardio Low	<b>BP:</b> 101/75 mmHg <b>Pulse Rate:</b> 77 bpm
Sep 29, 20:10	<b>Meal</b> Homemade Food	<b>BP:</b> 109/77 mmHg <b>Pulse Rate:</b> 88 bpm
Sep 29, 20:31	<b>Physical Activity</b> <15 min Cardio Low	<b>BP:</b> 110/77 mmHg <b>Pulse Rate:</b> 90 bpm
Sep 29, 20:50	<b>Mood</b> Tired	<b>BP:</b> 118/79 mmHg <b>Pulse Rate:</b> 88 bpm
Sep 29, 23:30	<b>Bedtime</b>	
Sep 30, 07:15	<b>Wake Up</b>	
Sep 30, 07:40	<b>Physical Activity</b> <15 min Cardio Low	<b>BP:</b> 115/78 mmHg <b>Pulse Rate:</b> 91 bpm
Sep 30, 08:00	<b>Coffee</b> Coffee	<b>BP:</b> 104/76 mmHg <b>Pulse Rate:</b> 78 bpm
Sep 30, 11:15	<b>Meal</b> Homemade Food	<b>BP:</b> 105/76 mmHg <b>Pulse Rate:</b> 77 bpm
Sep 30, 12:19	<b>Physical Activity</b> <15 min Cardio Moderate	<b>BP:</b> 115/78 mmHg <b>Pulse Rate:</b> 82 bpm
Sep 30, 13:33	<b>Physical Symptoms</b> Fatigue	<b>BP:</b> 97/74 mmHg <b>Pulse Rate:</b> 79 bpm
Sep 30, 15:53	<b>Report end time</b>	

## All Measurements

#	Time	Systolic BP	Diastolic BP	Pulse Rate	MAP	SPO2
1	Sep 29, 15:53	120	80	88	93	99
2	Sep 29, 16:08	117	79	93	92	98
3	Sep 29, 16:23	108	77	87	87	97
4	Sep 29, 16:38	100	75	80	83	95
5	Sep 29, 16:53	104	76	82	85	97
6	Sep 29, 17:08	99	75	77	83	97
7	Sep 29, 17:23	128	82	92	97	97
8	Sep 29, 17:38	103	76	86	85	97
9	Sep 29, 17:53	97	74	78	82	99
10	Sep 29, 18:08	99	75	79	83	99
11	Sep 29, 18:23	105	76	81	86	95
12	Sep 29, 18:38	98	74	75	82	98
13	Sep 29, 18:53	99	75	75	83	98
14	Sep 29, 19:08	101	75	77	84	98
15	Sep 29, 19:23	110	77	87	88	99
16	Sep 29, 19:38	122	80	94	94	-
17	Sep 29, 19:53	105	76	89	86	98
18	Sep 29, 20:08	109	77	88	88	98
19	Sep 29, 20:23	110	77	90	88	98
20	Sep 29, 20:38	105	76	100	86	-
21	Sep 29, 20:53	118	79	88	92	98
22	Sep 29, 21:08	107	77	83	87	-
23	Sep 29, 21:23	105	76	84	86	-
24	Sep 29, 21:38	114	78	80	90	98
25	Sep 29, 21:53	116	79	83	91	-
26	Sep 29, 22:08	109	77	76	88	-
27	Sep 29, 22:23	112	78	80	89	-
28	Sep 29, 22:38	105	76	80	86	88
29	Sep 29, 22:53	86	66	73	73	86
30	Sep 29, 23:08	94	72	74	80	98
31	Sep 29, 23:23	98	74	73	82	99
32	Sep 29, 23:38	97	74	72	82	97
33	Sep 29, 23:53	93	71	73	78	95
34	Sep 30, 00:08	86	69	71	75	94
35	Sep 30, 00:23	76	62	66	67	97
36	Sep 30, 00:38	81	67	72	72	94
37	Sep 30, 00:53	89	70	59	76	-
38	Sep 30, 01:08	94	71	74	79	-
39	Sep 30, 01:23	82	68	62	73	99
40	Sep 30, 01:38	84	69	63	74	95

#	Time	Systolic BP	Diastolic BP	Pulse Rate	MAP	SPO2
41	Sep 30, 01:53	82	68	64	73	93
42	Sep 30, 02:08	80	66	66	71	93
43	Sep 30, 02:23	79	65	63	70	99
44	Sep 30, 02:38	78	64	63	69	99
45	Sep 30, 02:53	76	62	63	67	98
46	Sep 30, 03:08	80	66	62	71	92
47	Sep 30, 03:23	78	64	61	69	99
48	Sep 30, 03:38	81	67	60	72	99
49	Sep 30, 03:53	82	68	63	73	-
50	Sep 30, 04:08	81	67	60	72	-
51	Sep 30, 04:23	83	68	59	73	97
52	Sep 30, 04:38	75	61	61	66	88
53	Sep 30, 04:53	81	67	57	72	90
54	Sep 30, 05:08	81	67	58	72	92
55	Sep 30, 05:23	79	65	64	70	-
56	Sep 30, 05:38	82	68	66	73	-
57	Sep 30, 05:53	78	64	66	69	98
58	Sep 30, 06:08	81	67	62	72	98
59	Sep 30, 06:23	89	70	61	76	99
60	Sep 30, 06:38	77	63	63	68	-
61	Sep 30, 06:53	87	69	66	75	-
62	Sep 30, 07:08	106	76	68	86	96
63	Sep 30, 07:23	95	74	75	81	-
64	Sep 30, 07:38	115	78	91	90	-
65	Sep 30, 07:53	104	76	78	86	98
66	Sep 30, 08:08	102	75	79	84	98
67	Sep 30, 08:23	103	76	79	85	99
68	Sep 30, 08:38	102	75	80	84	99
69	Sep 30, 08:53	103	76	78	85	99
70	Sep 30, 09:08	107	77	78	87	100
71	Sep 30, 09:23	110	77	90	88	98
72	Sep 30, 09:38	108	77	89	87	99
73	Sep 30, 09:53	114	78	90	90	99
74	Sep 30, 10:08	108	77	82	87	-
75	Sep 30, 10:23	95	74	76	81	99
76	Sep 30, 10:38	98	74	74	82	98
77	Sep 30, 10:53	94	74	75	81	98
78	Sep 30, 11:08	105	76	77	86	99
79	Sep 30, 11:23	104	76	78	85	99
80	Sep 30, 11:38	106	76	82	86	98
81	Sep 30, 11:53	104	76	83	85	99
82	Sep 30, 12:23	115	78	82	90	98

#	Time	Systolic BP	Diastolic BP	Pulse Rate	MAP	SPO2
83	Sep 30, 12:38	97	74	81	82	98
84	Sep 30, 12:53	106	76	81	86	-
85	Sep 30, 13:08	104	76	79	85	97
86	Sep 30, 13:23	104	76	79	85	-
87	Sep 30, 13:38	97	74	79	82	99
88	Sep 30, 13:53	101	75	78	84	99
89	Sep 30, 14:08	102	75	77	84	98
90	Sep 30, 14:23	97	74	78	82	99
91	Sep 30, 14:38	112	78	82	89	100
92	Sep 30, 14:53	110	77	84	88	99
93	Sep 30, 15:08	106	76	84	86	99
94	Sep 30, 15:23	105	76	81	86	98
95	Sep 30, 15:38	98	74	78	82	99

## Report Notes

## Diagnoses

Interpreting Physician: -

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Referring Physician:

biopeakgeneraluser Sep 29, 2025 15:44